# Wynford Tower Residents Association Social Activities Schedule - Rev 2019/08/01

| Time | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|---|---|---|---|---|---|---|
| 9-10 AM | Walk* | Setup | Walk* | Walk* | Setup | Setup | Setup |
| 10-11 AM | Games | Games | Games*** | Games | Kaffee Klatsch | Games | Games |
| 11-12 AM | Games | Games | Games*** | Games | Kaffee Klatsch | Games | Games |
| 12-1 PM | Staff Lunch | Staff Lunch | Staff Lunch | Staff Lunch | Staff Lunch | | |
| 1-2 PM | Exercises | Book Club<br>4th Tuesday | Games | Exercises | Exercises | Games | Games |
| 2-3 PM | Exercises | Book Club<br>4th Tuesday | Games | Exercises | Exercises | Games | Games |
| 3-4 PM | Games | Games | Games | Games | Games | Games | Games |
| 4-5 PM | Games | Games | Games | Games | Games | Games | Games |
| 5-6 PM | Games | Games | Games | Games | Games | Games | Games |
| 6-7 PM | Games | Games | Games | Games | Games | Games | Games |
| 7-8 PM | Movies<br>None Aug. | Games** | Games | Games | Games | Social Evening on Special Occasions | Games |
| 8-9 PM | Movies<br>None Aug | Games** | Games | Games | Games | Social Evening on Special Occasions | Games |
| 9-10 PM | Movies<br>None Aug | Games** | Games | Games | Games | Social Evening on Special Occasions | Games |

* Walkers meet at back door at 9:30 AM Monday, Wednesday and Thursday.

**WTRA Meeting last Tuesday every month

***M&R meetings, normally every second Wednesday, will pre-empt resident social activities, with prior notice.

Exercises: Dance, Moving with Mike DVD, Angie Cardio for Seniors DVD, jane Yoga for Seniors or similar

Games: Backgammon, Checkers, Chess, Cribbage, Dominoes, Euchre, Mah-Jong, Monopoly, Scrabble, etc.

Note:

The kitchen is available for coffee, tea, etc. all day except 12-1 PM.

Contact information is on page 2.

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| Activity | Coordinators | |
|---|---|---|
| Book Club | Ruth Nicholls, 1704, 416-445-2642, nichollsrb@hotmail.com | Cecile Fitzgerald, 1409, 647-352-4696, cjfitzgerald40@gmail.com |
| Walking | Linda Vir, 1504, 647-343-6077, lvir@rogers.com | |
| Kaffee Klatsch | Cecile Fitzgerald, 1409, 647-352-4696, cjfitzgerald40@gmail.com | Siobhan Mulrooney, 416-331-9332, smm188haha@gmail.com |
| Exercises | Bill Lynn, 1807, 416-441-2134, wblynn@wblynn.ca | |
| Games | Arnold Garson, 2105, 416-391-3417, arnoldag929@gmail.com; | Henry Furman, 804, 416-461-5454, hf55@rogers.com |
| Movies | Aubrey Harmes, 1601, 647-358-9838, arharmes@rogers.com | Brenda Harrison, 604, 416-382-0485, brendajh55@gmail.com, |
| Social Evenings | Roosevelt Robinson, 1003, 647-237-7494, rooserob1@gmail.com | Elizabeth Cameron, 1403, 416 449-9618, eliz.cameron@rogers.com |